

**NODAWAY-HOLT SCHOOL DISTRICT – ASTHMA MEDICAL ORDERS / CARE PLAN – School year: 2021-2022**

<b>STUDENT'S NAME:</b>		Date of Birth:
School:	Grade:	
Doctor Name:	Phone#:	Fax#:
Transportation to/from school:	<input type="checkbox"/> Walk	<input type="checkbox"/> Car <input type="checkbox"/> Bus
Medications taken at home:		

**LICENSED HEALTH PROFESSIONAL – DAILY ASTHMA MANAGEMENT PLAN**  
*(Must be completed by licensed health professional)*

**Identify asthma triggers:** (Check each that applies to this student)

- Exercise     Pollens     Molds     Respiratory Infections     Change in Temperature/Season  
 Other: \_\_\_\_\_

\*\*\*Warning signs of an Asthma Episode: \_\_\_\_\_

**SEEK EMERGENCY MEDICAL CARE IF THE STUDENT HAS ANY OF THE FOLLOWING:**

- No improvement 15-20 minutes after initial treatment with medication and a parent/emergency contact cannot be reach, or if condition worsens during this period
- Difficulty walking or talking
- Stops playing and can't start activity again
- Lips or fingernails are gray or blue
- Difficulty breathing with:
  - Chest and neck pulled in with breathing
  - Child is hunched over
  - Child is struggling to breathe

Inhaler to be kept:

- In Office  
 In Backpack  
 On Person

**EMERGENCY ASTHMA MEDICATION**

Medication	Amount	When to Use	Route
1.			
Any Side Effects:			

Time interval for repeating dosage:

- If symptoms not relieved after initial dose:
- If symptoms reoccur before next dose is due:

It is my professional opinion that this student (circle one) **SHOULD/SHOULD NOT** carry and use his/her rescue medication/s/ by himself/herself at school. I have instructed this student in the proper way to use these medications.

\*\*\*He/she has successfully demonstrated the ability to self-administer.     Yes     No     Unable

Physician's Signature	Date	Phone#
Printed Name		

**PARENT/GUARDIAN SECTION**

Parent Name:	Parent Name:	Emergency Contact:
Home #:	Home #:	Home #:
Work #:	Work #:	Work #:
Cell #:	Cell #:	Cell #:

Parent's signature gives permission for the administration of the above ordered medication at school by authorized personnel, and gives permission for the school designee to communicate freely with the licensed health care provider.

\_\_\_\_\_  
 Parent/Guardian Signature Required

\*\*Permission to carry and self-administer inhaler: **Yes / No**  
 (Circle one)